



TIDINGS OF ZION



Adar I 5773

MT. ZION CONGREGATION, Sioux Falls, South Dakota

February 2014

from Student Rabbi Herman...



The first day of February this year also marks the first day of the Hebrew month Adar Aleph. While February is the month which contains the leap-year in our secular calendar every four years, it is Adar which contains the leap-year in the Hebrew calendar. Although it is not a leap-year this year in the secular calendar, it is in the Hebrew

calendar where we will add an extra month –a second month of Adar (Adar Bet). If you have ever wondered why the holidays seem early some years and then suddenly very late just a year later, it is precisely because of this phenomenon. While the secular calendar is a purely solar calendar, and while some groups use a purely lunar calendar, the Hebrew calendar is solar/lunar. The months are marked by the cycle of the moon, yet every few years an extra month is added to keep our Hebrew calendar in line with the solar calendar and to keep the festivals in their appropriate seasons, so we never end up celebrating the harvest in the dead of winter!

The Talmud (Ta’anit 29A) describes the month of Adar as the opposite of the month of Av. If Av is defined by Tisha B’Av, the day of Jewish mourning over the destruction of the Temples (as well as other events), Adar is marked by Purim, the day commemorating the Jewish escape from destruction and survival against all odds. As a result, the Talmud tells us that “One who enters into Adar increases in joy.” Any Hebrew month could have been chosen as that month which is doubled in a leap-year, but our tradition doubles the month of joy.

I unfortunately will not be in town at all during the first month of Adar this year, as I will be spending the month searching for jobs during my last semester of rabbinical school. Fortunately, there is another month of Adar following this one, and I will be back to celebrate Purim and to participate in the increased joy which it brings. In the meantime, I wish everyone a *hodesh tov*, a great start to the new month, the month which symbolizes the final push through winter as we look ahead towards spring. May each of us who enters into this new month increase in joy.

*B’shalom,
Student Rabbi Josh Herman*

from the Congregation President...



January was month which marked a couple of really fine events.

For those of us who attended the Shlock Rock concert January 5th, we were entertained with Jewish rock & roll, rap, “schmoe-town”, and a number of other styles of music and just generally had a tremendously lot of fun. Special thanks to our local talent:

Kirke Wheeler on guitar, Jeff Saunders on drums (eat your heart out, Ringo Starr!!!), and special cameo appearance in Ko-Ko-Kosher cake by Jan Forstein. The Schlock Rock performers, Lenny and G (full name Etan G), were personable and friendly and just a pleasure to spend some time with. We also owe a distinct thank you to Matilda Oppenheimer, who took the initiative to contact the Washington Pavilion and to make all the arrangements with them and the performers. Thanks to Matilda we had this opportunity brought to Sioux Falls.

On January 17th, Student Rabbi, Josh Herman led our Tu B’shevat Seder. When the phrase Tu B’shevat is translated, it simply means the 15th day of the month of Shevat. What is Tu B’shevat? Sometimes called Chag Ha-ilanot, the new year for the trees, Tu B’shevat appears in the Mishnah as one of the four new years in the Jewish calendar (Rosh Hashanah is the new year for calculation of the calendar.) Rabbi Hillel, of the “If not now, when” fame, calculated the 15th of Shevat as the date for calculating when the agricultural cycle began or ended for the purpose of biblical tithes. The seder custom developed in the middle ages. In keeping with the Mishnaic description of the holiday as a New Year, our celebration will take the form of a Tu B’shevat seder, in which we partake of the eating of ten specific fruits and drinking 4 cups of wine/grape juice in a specific order while reciting the appropriate blessing. Thanks to Marty Davidsohn and Lorna Gallanter for putting the seder together for all of us.

After Tu B’shevat, student Rabbi Josh will not be able to back to Mt Zion until our Purim celebration on Friday, March 14th, which means of course that our cadre of lay leaders will voluntarily take turns leading services. All of our services, whether led by the student Rabbi or lay leaders suffer from very small attendance. So I can’t help but observe the obvious - something is missing that does not meet our members’ needs. I ask you, Friends, what is it that’s missing that you would find attractive to motivate you to come to services? This is a sincere question and I hope that you will take the time to give specific suggestions to any member of the board or to me. Your Temple officers and board were elected by you to make things in Temple successful, spiritual, and to reinforce the teachings of Torah. Tell us what we can do to make things better for all of us.

*B’shalom,
Bernice*



DONATIONS

(December 10, 2013 - January 9, 2014)

Please send all Temple contributions to:
PO Box 756, Sioux Falls, SD 57101

GENERAL FUND

In appreciation of the Shlock Rock concert from Mark & Matilda Oppenheimer

YAHREZIT MEMORIALS

In loving memory of Cecyle Marsh from Sandy Radin

In loving memory of our mothers, Frances Mace and Jean Robitske from Rosie & Mike Mace

A Note from the Treasurer....

I have tried to issue receipts for dues and donations as the funds were received throughout the year. If you need any additional receipts for tax filing purposes, please send me your written request via US mail or email.

I appreciate receiving these requests by February 28, 2014.

Thank you! *Matilda*

mejoppen@sio.midco.net
ATTN: Treasurer
Mt. Zion Congregation
PO Box 756
Sioux Falls SD 57101

**Remember birthdays,
anniversaries,
yahrzeits, memorials.**

**Please send your
donations to:
Mt. Zion Temple
PO Box 756
Sioux Falls, SD 57101**



SISTERHOOD GIFT SHOP...

Looking for some Spring reading that is short in length but long in content? Look no further than the Sisterhood Gift Shop...

Through the generosity of Bernice Schotten and her brother, Rabbi Marc Angel, Rabbi Angel's book, "Losing the Rat Race—Winning at Life" (a \$20 value) is available in the Gift Shop for only \$10 per copy. Moreover, if the interest is here, we will offer an opportunity for those who have read the book to get together for a group discussion in the month of March. This offer is good while our supply of 20 copies lasts...first come, first allowed to purchase, so don't delay...call us today to reserve your copy...

And, remember the Gift Shop for all of your Judaica needs...we are happy to sell you our in-stock merchandise or work with you on special orders. Please call us for any questions or suggestions for the Gift Shop.

Judy Lampert (605-339-3170) • Matilda Oppenheimer (605-332-8404)

STUDENT RABBI'S 2014 SCHEDULE

March 14-16 (Purim)

Apr. 4-6

Apr. 11-15 (Passover)



Reforest Israel by planting trees in Israel through JNF, the Jewish National Fund. The price of one tree is \$18.

To purchase a tree, contact
MARGO OLSON
at 371-2020 or email her
at molson1226@hotmail.com

Hosts for Student Rabbi Josh Herman's Friday and Saturday meals are needed.

Please contact
Marty Davidsohn at
martydavidsohn@gmail.com
or 254-8434 and get your
favorite date.

TIDINGS DEADLINE IS FEB. 10th

Remember to submit articles appropriate for the MARCH *Tidings*. To submit articles, you may email them to:
carol@theprintersinc.com
OR mail them to:
510 S. 1st Ave.
Sioux Falls, SD 57104



The start of the secular new year is commonly a time for making resolutions for individual betterment in the year to come. Why not incorporate some Judaism into your new year's resolutions? Here, we've compiled six Jewish resolutions and how ReformJudaism.org can help you accomplish them in 2014. Happy new year!

Become a more observant Reform Jew. Been meaning to join a synagogue but just didn't make it a priority in 2013? Now's the perfect time! Find a Reform congregation near you and start by attending Shabbat services. And for those Friday nights when you just can't make it to shul, try observing the Day of Rest with our resources for at-home Shabbat observance. You can also prepare for Jewish holidays, ask questions of a rabbi, and learn more about Jewish rituals and lifecycle events.

Make a commitment to social justice. Social justice is an essential component of Reform Judaism. To be a Reform Jew is to hear the voice of the prophets in our head; to be engaged in the ongoing work of tikkun olam (repair of the world); to strive to improve the world in which we live; to be God's partners in standing up for the voiceless and fixing what is broken in our society. Check out our Social Justice page to get started exploring the Reform Jewish positions on issues like economic justice, the environment, reproductive rights, marriage equality, immigration reform, and more.

Study Torah more often. Studying Torah offers something for everyone, of all ages. On our Learning page, you'll find modern commentaries on the weekly Torah portions — a new one each week, plus robust archives — as well as resources to bring the stories and lessons of the Torah alive for young children, grade school children, and teens. The easiest way to commit to a new year filled with Torah and Jewish learning is to sign up for Ten Minutes of Torah, a one-page e-mail each day on a topic of Jewish interest. It only takes 10 minutes a day to get started on a lifelong journey. Spend 10 minutes a day — and before you know it you'll have completed 100 hours of Torah study!

Strengthen - or start! - your relationship with Israel. The State of Israel is at the very core of Jewish identity and Jewish peoplehood. On our Israel page, you'll learn about life in Israel, traveling to Israel, and even making aliyah to Israel. read up on historical sites and tourism hotspots, educate yourself about Progressive Judaism in the Holy Land, and get to know a little bit more about Israel and her neighbors. If you're a young Jewish adult between the ages of 18 and 26 who's never been to Israel, you can even sign up for a free trip to Israel — no strings attached! — through URJ KESHER Taglit-Birthright Israel.

Focus on health and wellness. Jewish tradition commands us to respect our bodies and to strive for health as a means of honoring our relationship to God. On our Health and Wellness page, discover Reform Jewish perspectives on a host of important topics, including mental illness, Jewish genetic diseases, substance abuse, chronic illness, infertility, and more. You'll also find personal stories from people whose Judaism has gotten them through difficult times and influenced their perspective on their own health issues.

Experiment with Jewish cooking. Kugel and mandelbrot and matzah ball soup, oh my! Find the perfect Jewish recipe for any occasion on our Food and Recipes page, where you can browse tried-and-true Jewish recipes from Jewish chefs like Tina Wasserman, author of *Entree to Judaism: A Culinary Exploration of the Jewish Diaspora*. Watch a video to learn how to braid challah, ask Tina your pressing cooking questions, and even submit your own recipes to be featured on the site!
What's your Jewish resolution for 2014?

Visiting Groups to the Temple

Our congregation is served by a Student Rabbi who is available a limited number of weekends from September through May. We encourage your scheduling your Friday evening worship services visit only when the Student Rabbi is in residence. For Friday evening visits and/or in cases where other scheduling arrangements are needed, please call or e-mail the President of the congregation who will assist you with scheduling.



Help support the extraordinary works of Hadassah with a card or certificate! Contact Cards & Certificates Chair Carol Rosenthal if you'd like to make a donation. There's a card or certificate in every price range and for every occasion!!

Thank you to Gail & Richard Klein for sending a Hadassah certificate in honor of the birth of Anna Beverly Paletz



Mt. Zion Congregation

www.mtzioncongregation.com

14th & Duluth Streets

PO Box 756

Sioux Falls, SD 57101-0756

President: Bernice Schotten

Vice President: Deb Hicks

Treasurer: Matilda Oppenheimer

Secretary: Lorna Gallanter

Board of Directors: Carin Rosinsky

Cathy Ezrailson

Margo Olson





Judy Lampert

Sandy Radin

Jeff Saunders

Past President: Murray Haar

Mt. Zion Congregation - February 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A reminder that proper attire should be worn when participating in services at Mt. Zion Temple. Your cooperation with this matter is greatly appreciated.						1 10 am Torah Study
2 Leon Maggied Bday	3	4	5	6	7 (1 Adar 8)  5:28 pm 7:30 pm Shabbat Service Torah: T'tzaveh Exod 27:20-30:10 Haftarah: Ezekiel 43:10-27	8 10 am Torah Study
9	10 Steve Hansman Bday	11	12	13	14 (1 Adar 15)  5:37 pm 7:30 pm Shabbat Service Torah: Ki Tisa Exod 30:11-34:35 Haftarah: I Kings 18:1-39	15 10 am Torah Study
16	17 Susan Mendelsohn Bday	18	19	20	21 (1 Adar 22)  5:46 pm 7:30 pm Shabbat Service Torah: Vayak'heil Exod 35:1-38:20 Haftarah: I Kings 7:40-50 Helen Ofstein, Samantha Rosinsky Bdays	22 10 am Torah Study
23	24 Marc Feinstein Bday	25	26	27	28 (1 Adar 29)  5:55 pm 7:30 pm Shabbat Service Torah: P'kudei Exod 38:21-40:38 Haftarah: II Kings 12:5-16	March 1 10 am Torah Study



Yahrzeits

All Yahrzeits that are observed Sunday through Saturday are read the Friday of that same week. If a Yahrzeit is not listed or you need information concerning Yahrzeits, please call Jan Forstein at 332-3354. A Yahrzeit card and envelope will be sent to you to notify you of upcoming Yahrzeits. (If you do not receive your notification, please contact Jan.) Also included with the notification card is a donor envelope if you wish to make a donation to the Temple in memory of your loved one.

February 7th

Adrienne Saalfeld
Erma Sternberg
Herman Davis
Herman Eirinberg

February 14th

Joseph Bleichfeld
Louis Axelbaum
Albert Wolfson
Sophia Samorodin

February 21st

Harry Broder
Sylvia Hurvitz
Jean Klein
Minette Koplow
Clara Light
Solomon Korb
Isaac Levinson
Philip Friedman
Loren Rea
Morris Samorodin
Mary Hurwitz

February 28th

David Goodsite
Jake Luskey
David Davis
Paul Katz
Goldie Frank
William Cohon
J. Emmett Zerfas
Abe Shafton
Mayme Breslow
Abraham Shaprio

March 7th

Lawrence "Buddy" Horwitz
Sam Eder
Benjamin Katz
Henry Levinson
Rose Friedman
Gertrude Barth Ehrlich

