



## *From the Student Rabbi...*

Shalom Mt. Zion Temple,

As we approach the end of the High Holy Days, we find ourselves with yet more holidays to rejoice in. Sukkot, sometimes called the “Feast of Booths” is actually one of my favorite holidays, which growing up on the East coast, was never as easy as it would be in the Holy Land because of the cold weather. Sukkot, one of the three pilgrimage festivals, would mark the end of the agricultural year, when the residents of Judea would bring the last of their produce offerings to the Temple. The sukkah that some of us build in our backyards or at the synagogue represent the kind of simple hut our ancestors would have slept in during the harvest. The Book of Leviticus, however, reminds us of the historical connection between the temporary, fragile sukkah and the temporary shelters our ancestors dwelt in while wandering in the wilderness.

I remember while my family was living in Connecticut, we would always put up a sukkah in our huge backyard. My dad had ordered a kit with brackets to build the wooden frame, a tarp for the walls, and a bamboo mat for the roof. Unfortunately, in 2003, the remnants of Hurricane Isabel hit Connecticut. The tarp-walls acted as a sail and our little sukkah was momentarily lifted up by the wind, then dropped it to the ground where it broke to pieces. The sukkah, which we had worked so hard to construct, was sturdy enough to stand on its own and we certainly felt protected and safe inside it. However, the sukkah is meant to be exposed to the elements. It is not intended to stand up to the wind. We are supposed to see the stars through the roof, but when those stars are blotted out by a hurricane’s uncaring swirl of clouds, our works and ourselves are vulnerable.

Sukkot this year offers us an important lesson in light of the powerful weather events that have struck our nation, affecting our friends and families, along with countless others. Like a sukkah, anything we build is fragile and exposed. It can all be taken away in an instant, by a cruel turn of chance.

However, the most important part of the sukkah has nothing to do with the sukkah itself. Its walls and roof and festive decorations are only the set dressing for the time we spend in a sukkah with our loved ones and guests. Even when Hurricane Isabel shattered my family’s sukkah, we took care of each other and helped each other feel safe. I hope that, whether we build a sukkah or not, we will spend the holiday dwelling in the shelter of our family and friends. Relationships always have and always will weather the storm far better than any physical structure we might build.

Chad sameach!

*Todah Rabbah,  
Michael*

## *Righteous Gentile Family Member to speak at Mt. Zion*



Marcella van de Bovenkamp, from a Dutch family of Righteous Gentiles, is speaking in the Social Hall at **Mt. Zion on Tuesday, October 17th at 7:00 pm.** Many of us have heard the horrible stories of Holocaust survivors. On that evening, we will listen to a person who can tell of her family’s deeds in hiding and saving a Jewish person during the Nazi occupation of Holland during World War II. Please mark your calendar and join us for this very special event.

*Stephen Rosenthal (rosenthal.stephen@gmail.com)*

## *from the Congregation President, Dr. Mark Oppenheimer*

### **Filter Fish**

**At life’s end, rediscovering the joys of a childhood favorite. By Oliver Sacks**

Gefilte fish is not an everyday dish; it is to be eaten mainly on the Jewish Sabbath in Orthodox households, when cooking is not allowed. When I was growing up, my mother would take off from her surgical duties early on Friday afternoon and devote her time, before the coming of Shabbat, to preparing gefilte fish and other Sabbath dishes.

Our gefilte fish was basically carp, to which pike, whitefish, and sometimes perch or mullet would be added. (The fishmonger delivered the fish alive, swimming in a pail of water.) The fish had to be skinned, boned, and fed into a grinder—we had a massive metal grinder

*President’s Column continued on page 2*

attached to the kitchen table, and my mother would sometimes let me turn the handle. She would then mix the ground fish with raw eggs, matzo meal, and pepper and sugar. (Litvak gefilte fish, I was told, used more pepper, which is how she made it—my father was a Litvak, born in Lithuania.)

My mother would fashion the mixture into balls about two inches in diameter—two to three pounds of fish would allow a dozen or more substantial fish balls—and then poach these gently with a few slices of carrot. As the gefilte fish cooled, a jelly of an extraordinarily delicate sort coalesced, and, as a child, I had a passion for the fish balls and their rich jelly, along with the obligatory khreyn (Yiddish for horseradish).

I thought I would never taste anything like my mother's gefilte fish again, but in my forties I found a housekeeper, Helen Jones, with a veritable genius for cooking. Helen improvised everything, nothing was by the book, and, learning my tastes, she decided to try her hand at gefilte fish.

When she arrived each Thursday morning, we would set out for the Bronx to do some shopping together, our first stop being a fish shop on Lydig Avenue run by two Sicilian brothers who were as like as twins. The fishmongers were happy to give us carp, whitefish, and pike, but I had no idea how Helen, African-American, a good, churchgoing Christian, would manage with making such a Jewish delicacy. But her powers of improvisation were formidable, and she made magnificent gefilte fish (she called it "filter fish"), which, I had to acknowledge, was as good as my mother's. Helen refined her filter fish each time she made it, and my friends and neighbors got a taste for it, too. So did Helen's church friends; I loved to think of her fellow-Baptists gorging on gefilte fish at their church socials.

For my fiftieth birthday, in 1983, she made a gigantic bowl of it—enough for the fifty birthday guests. Among them was Bob Silvers, the editor of *The New York Review of Books*, who was so enamored of Helen's gefilte fish that he wondered if she could make it for his entire staff.

When Helen died, after seventeen years of working for me, I mourned her deeply—and I lost my taste for gefilte fish. Commercially made, bottled gefilte fish, sold in supermarkets, I found detestable compared to Helen's ambrosia.

But now, in what are (barring a miracle) my last weeks of life—so queasy that I am averse to almost every food, with difficulty swallowing anything except liquids or jellylike solids—I have rediscovered the joys of gefilte fish. I cannot eat more than two or three ounces at a time, but an aliquot of gefilte fish every waking hour nourishes me with much needed protein. (Gefilte-fish jelly, like calf's-foot jelly, was always valued as an invalid's food.)

Deliveries now arrive daily from one shop or another: Murray's on Broadway, Russ & Daughters, Sable's, Zabar's, Barney Greengrass, the 2nd Ave Deli—they all make their own gefilte fish, and I like it all (though none compares to my mother's or Helen's).

While I have conscious memories of gefilte fish from about the age of four, I suspect that I acquired my taste for it even earlier, for, with its abundant, nutritious jelly, it was often given to infants in Orthodox households as they moved from baby foods to solid food. Gefilte fish will usher me out of this life, as it ushered me into it, eighty-two years ago. ♦

*Oliver Sacks, a professor of neurology at the N.Y.U. School of Medicine, is the author of "Awakenings," "Musicophilia," and many other books. His memoir, "On the Move," was published in April.*

**Raleigh & Tom cordially invite you  
to join them for Davis Grier's**



**Simchat Bat  
("Celebration of the daughter")**

**October 13, 2017**

**Mt. Zion Temple**

**7:30 pm**



**Oneg will follow services • Hosted by Raleigh & Tom**

Services will be lead by student Rabbi Michael Weiss.  
Business casual is requested.

Remember birthdays, anniversaries, yahrzeits,  
memorials. Please send your donations to:

Mt. Zion Temple

PO Box 756

Sioux Falls, SD 57101

**Mt. Zion Speakers' Bureau  
Looking for Interested Members**

The Temple frequently receives calls from community groups looking for speakers and/or panelists to participate in various interfaith/diversity events. Should we establish a "Speakers Bureau" with a list of Mt. Zion community members who are willing to represent us when these calls come? If you are interested in joining a Temple Speakers' Bureau, please notify Matilda.

**Egg Cartons needed!**

**The Food Give Away needs egg cartons.**

**If you can bring them to the Temple,  
please leave them on the table in the library.**



## DONATIONS

( August 10 - September 9, 2017)

Please send all Temple contributions to:  
PO Box 756, Sioux Falls, SD 57101

### GENERAL FUND

In memory of Bonnie Stevens from  
Marilyn & David Aronson; Mark,  
Matilda, Erika & Josh Oppenheimer

Wishing good health to Judy  
Lampert from Marilyn & David  
Aronson

To the Congregation from Anita  
& Larry Bierman; Cindy & Stuart  
Jacobs

To Mt Zion Temple Sisterhood from  
Freda & Richard Hosen

*Sympathy wishes to  
Joel Greene and family*

*The entire Mt. Zion  
Community sends sympathy  
wishes to the family of  
Miriam Greene. To Joel and  
his family, may Miriam's  
memory be for a blessing.  
She made her mark in our  
community and will be  
missed by all.*

## STUDENT RABBI MICHAEL WEISS'S SCHEDULE

October 13th - 15th: Simchat Torah

October 27th - 29th

November 17th - 19th

December 8th - 10th

### ***Mount Zion Temple Sisterhood***

Thank you to all who have so promptly sent their Sisterhood Dues and or Uniongram subscription payments! We appreciate your support!

Sisterhood dues are divided among the National Women of Reform Judaism office, the Midwest District Women of Reform Judaism office and our local Sisterhood chapter. Locally, Sisterhood maintains the Temple's kitchen, assists with Onegs and Seders, operates the Gift Shop and runs the Uniongram program. Sisterhood members assist the Congregation with programming as well as providing other financial support to the community. Annual dues are \$25.00 per year and new members are always welcome. If you wish to join Sisterhood, please contact Matilda Oppenheimer (home: 605-332-8404).

Uniongram subscriptions are \$18.00 per year. Sisterhood membership is not required to participate in this program. As a subscriber, your name will be included on the list of signatories when a Uniongram is sent to a member of the community. Uniongrams are sent to commemorate major life events (for example, celebration of Bar/Bat Mitzvah; milestone birthdays and anniversaries; weddings) and to express condolences upon the loss of a loved one. If you wish to add your name to our list, please contact Margo Olson (home: 605-371-2020).

### ***Gift Shop***

We have Kiddush cups, candlesticks, mezuzah cases & scrolls, jewelry and so much more! Please call us for an appointment to browse and/or to make a purchase! And, it is not too early to submit your requests for special orders of items for Chanukah!

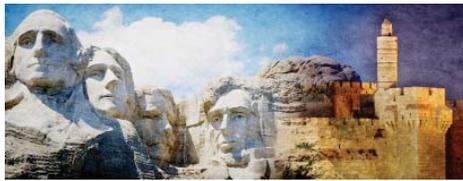
*Gift Shop Co-Chairs: Judy Lampert (home: 605-339-3170)  
and Matilda Oppenheimer (home: 605-332-8404)*



# SHABBAT POTLUCK DINNER ON FRIDAY, October 6th



# SHABBAT POTLUCK DINNER ON FRIDAY, October 6th



**“Like”  
South Dakotans  
for Israel on  
Facebook:  
www.facebook.com/SD4Israel**



**SISTERHOOD  
GIFT SHOP**

*Remember to shop at the  
Sisterhood Gift Shop!*

*Matilda Oppenheimer (332-8404)  
and Judy Lampert (339-3170)*



Our potluck dinners have been a HUGE success. Everyone who comes says they are great and it's really wonderful to get together and share a Shabbat meal. **The next Shabbat potluck dinner is October 6th at 6:00 pm. Save November 3rd for the one after this month's.** We hope to see even more of our community there. Just bring a dish and join us.

This dinner is open to all families of the congregation. This dinner will occur every first Friday of the month whether the Student Rabbi is in town or not. The dinner will conclude before services. Attendees are not required to go to services following the dinner but are certainly welcome to do so. Please put this on your calendar and join us.

**For more information, contact Stephen Rosenthal at [rosenthal.stephen@gmail.com](mailto:rosenthal.stephen@gmail.com) or call the Temple at 338-5454.**

## The Temple is on Facebook and has a website!



***Check it out and  
“Like” us today!!***



### **Oneg Shabbat Hosts Needed: Please Volunteer**

I would like to ask for volunteers for Onegs for this winter. Please let me know if you are willing to help out.

I prefer email  
([Cathy.Ezrailson@usd.edu](mailto:Cathy.Ezrailson@usd.edu))  
but my cell is 281-773-5458.

*Thank you so much,  
Cathy Ezrailson*

### **Hosts for Student Rabbi Michael Weiss's Friday and Saturday meals are needed.**

Please contact Marty Davidsohn at  
[martydavidsohn@gmail.com](mailto:martydavidsohn@gmail.com)  
or 254-8434 and reserve  
your favorite date.



### **PLANT A TREE IN ISRAEL!**

Reforest Israel by planting trees in Israel through Hadassah/JNF, the Jewish National Fund. The price of one tree is \$18.

**To purchase a tree, contact  
SHELLY ROSENBERG at  
513-226-8651 or email her at  
[shellyrosenberg1pa@gmail.com](mailto:shellyrosenberg1pa@gmail.com)**



# Potluck Dinner

Friday, October 6, 2017 at 6:00 pm

Friday, November 3, 2017 at 6:00 pm

Friday, December 8, 2017 at 6:00 pm

Friday, January 5, 2018 at 6:00 pm



Mt. Zion Congregation

[www.mtzionsf.com](http://www.mtzionsf.com)

14th & Duluth Streets

PO Box 756

Sioux Falls, SD 57101-0756

President:.....Mark Oppenheimer

Vice President: ..... DaNiel Wood

Treasurer:..... Matilda Oppenheimer

Secretary:.....Stuart Jacobs

Board of Directors:.....David Aronson

Jan Forstein

Raleigh Hansman

Judy Lampert

Richard Scholten

Stephanie Wood

Past President:..... Royce Hansman

# Mt. Zion Congregation - October 2017

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY                            | FRIDAY   | SATURDAY   |
|--|--|--|---|-------------------------------------|--|--|
| <b>1</b><br><br><div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;">                     A reminder that proper attire should be worn when participating in services at Mt. Zion Temple. Your cooperation with this matter is greatly appreciated.                 </div> | <b>2</b>   | <b>3</b><br><br>Mel & Mary Magidson<br>Anniv   | <b>4</b> 6:44 pm<br>1st Night<br>of Succot        | <b>5</b>                            | <b>6</b> (Tishri 17)  6:40 pm<br><b>7:30 pm Shabbat/Succot Service</b><br><b>POTLUCK DINNER 6 pm</b><br>Exodus 33:12-34:26<br>Haftarah: Ezekiel 38:18-39:7<br>Tovia Forstein Bday<br>Food Giveaway: 3:30 - 5 pm  | <b>7</b><br><br>10 am Torah Study  |
| <b>8</b><br><br>10 am - 12 pm:<br>Religious School   | <b>9</b>   | <b>10</b><br><br>Olivia Hubley Bday  | <b>11</b><br><br>Raleigh & Tom<br>Woodworth Anniv | <b>12</b>                           | <b>13</b> (Tishri 22)  6:28 pm<br><b>7:30 pm Simchat Torah/Shabbat</b><br><b>Davis Woodworth Baby Naming</b><br><b>STUDENT RABBI WEISS</b><br>B'reishit, Gen. 1:1-6:8<br>Haftarah: Isaiah 42:5-43:10<br>Ashley & Ben Tallman Anniv<br>Food Giveaway: 3:30 - 5 pm | <b>14</b><br><br>10 am Torah Study<br><br>7 pm Adult Ed & Havdalah<br>led by Student Rabbi Weiss |
| <b>15</b><br><br>10 am - 12 pm:<br>Religious School  | <b>16</b><br><br>Diane Pecheny Bday,<br>Julie Roth & Lewis Casson<br>Anniv | <b>17</b><br>7:00 pm<br>Marcella van de<br>Bovenkamp to<br>speak at Mt. Zion-<br>see bulletin for<br>more info | <b>18</b>   | <b>19</b>                           | <b>20</b> (Cheshvan 1)  6:17 pm<br><b>7:30 pm Shabbat Service</b><br>Noach, Gen. 6:9-11:32<br>Haftarah: Isaiah 54:1-55:5<br>Steve & Deb Hicks Anniv,<br>Brian Cruikshank Bday<br>Food Giveaway: 3:30 - 5 pm<br>(meet at 2:30 at Temple to carpool)               | <b>21</b><br><br>10 am Torah Study   |
| <b>22</b><br>9 am:<br>Temple Board Meeting<br><br>10 am - 12 pm:<br>Religious School<br><br>David Rosinsky Bday  | <b>23</b><br><br>Jay Rosenberg Bday  | <b>24</b><br><br>Ari Tallman Bday  | <b>25</b>   | <b>26</b><br><br>David Aronson Bday | <b>27</b> (Cheshvan 8)  6:06 pm<br><b>7:30 pm Shabbat Service</b><br><b>STUDENT RABBI WEISS</b><br>Lech L'cha, Gen. 12:1-17:27<br>Haftarah: Isaiah 40:27-41:16<br><br>Food Giveaway: 3:30 - 5 pm   | <b>28</b><br><br>10 am Torah Study<br><br>Marty Davidsohn Bday                                   |
| <b>29</b><br><br>10 am - 12 pm:<br>Religious School  | <b>30</b><br><br>Ben Tallman, Sophia<br>Drieske Bdays                      | <b>31</b><br><br>Shane Hubley Bday   | <b>Nov. 1</b><br><br>Nancy Feinstein Bday         | <b>2</b>                            | <b>3</b> (Cheshvan 15)  5:57 pm<br><b>7:30 pm Shabbat Service</b><br><br>Va-yeira, Gen. 18:1-22:24<br>Haftarah: II Kings 4:1-37<br><br>Food Giveaway: 3:30 - 5 pm  | <b>4</b><br><br>10 am Torah Study<br><br>Lin Rostrom Bday  |



## Yahrzeits

All Yahrzeits that are observed Sunday through Saturday are read the Friday of that same week. If a Yahrzeit is not listed or you need information concerning Yahrzeits, please call Jan Forstein at 332-3354. A Yahrzeit card and envelope will be sent to you to notify you of upcoming Yahrzeits. (If you do not receive your notification, please contact Jan.) Also included with the notification card is a donor envelope if you wish to make a donation to the Temple in memory of your loved one.

### October 6th

Gitta Greenstein  
Harlan Hiatt  
Leopold Rosenstein  
Fannye Radin

### October 13th

Helen Kopel  
Ludwig "Lou" Wolf  
Jeanelle Wendte  
Rosa Greenstein  
Annie Wiener  
Bertie Brown

### October 20th

Fannie Fusfeld  
Augusta Stern  
Cele Erinberg  
Otto Schloss  
Samuel Hymes  
Aaron L. Kaminsky

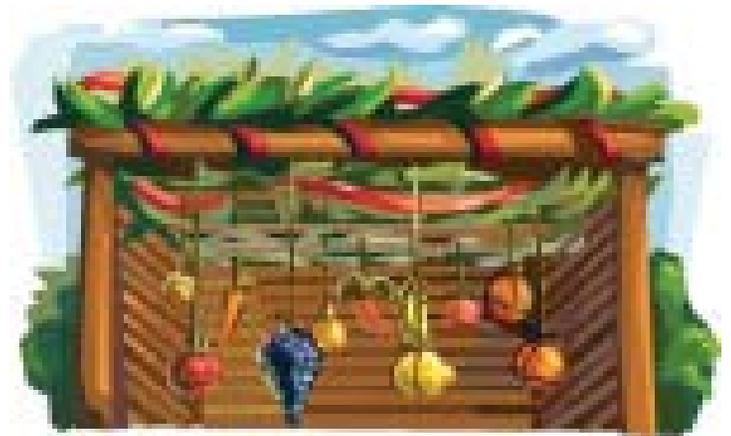
### October 27th

Cera Brenner  
Tabitha Henkin  
Rabbi Eugene Hibshman  
Max Eiser  
Hymen Pitts  
Janice Bressler  
Sarah Remenson  
Zachery Pitts

### November 3rd

Molly Cohen  
Augusta Livingston  
Jacob Mosow  
Hindi Minnie Light  
Bernard "Barney"  
Gutnick  
Ben Hurvitz  
Maurice Kopel  
Jack Radin

# FRIDAY, OCT. 6th 7:30 pm



## Succot/Shabbat Service following Potluck Shabbat Dinner at 6 pm



# FRIDAY, OCT. 13th

## 7:30 pm Simchat Torah/ Shabbat Service

### Led by Student Rabbi Michael Weiss